

TOWN OF MALTA

Department of Parks, Recreation & Human Services



LET'S BUILD SOME FUN!

WINTER 2011

Town
of
Malta



Parks, Recreation
& Human Services



WINTER 2010 /2011 December - February

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* See ages on individual programs.
Some programs are appropriate
for teenagers.

KEY CODES:

R = Resident Rate

NR = Non-Resident Rate

SRR = Senior Resident Rate

Note: Resident rate applies to Town of Malta and Village of Round Lake residents. Senior Resident rate applies to those Town of Malta and Village of Round Lake residents ages 60 and older.

GENERAL INFORMATION

Department of Parks, Recreation & Human Services

Audrey Ball, Director

Offices at: Malta Community Center
Telephone: (518) 899-4411
Fax: (518) 899-4448
E-mail: commctr@malta-town.org
Website: www.malta-town.org

Hours of Operation

Monday - Friday 8:00am -8:00pm
Saturday 9:00am -12:00pm
Closed for the following holidays:
Christmas Holiday 12/24 & 12/25/10
New Year Holiday 12/31 & 01/01/11
Martin Luther King Jr. 01/17/11
President's Day 02/21/11

Directions

From Northway Exit 12-
East on Route 67 to the Route 9 roundabout (at the Gazebo). Follow roundabout signs to north on Route 9. Continue north approximately 1/2 mile. Turn left on Bayberry Drive. The David R. Meager Malta Community Center is the first building on the left.

Registration Dates

Registration on-line, walk-in, fax-in, mail-in & drop-off begins November 1, 2010.

All methods of registration occur simultaneously. Registration continues until courses are filled or closed. You must register at least a week prior to the start of any class, program or workshop.

Room Rental

Rooms and the gymnasium at the Malta Community Center are available to rent Monday - Friday and Saturday mornings when they are not being used for classes. To rent a room for parties, meetings, sports practice or special occasions, pick up an application and fee schedule at the Center. Applications, fees, damage deposit and insurance requirements must be submitted at least 48 business hours prior to the rental time in order to reserve a facility.



Photo Policy: The Town of Malta photographs and videotapes program participants. By registering for a program or involvement with an activity /event, the participant consents to use by the Town of her/his likeness in Town promotions and other uses.

MEETING ANNOUNCEMENT

A kick-off meeting to discuss field projects has been scheduled for Tuesday, November 2 at 7:00 pm at the Community Center. The meeting is to review two projects authorized by the Town Board and to start discussing field needs, lay-outs and amenities. The Town of Malta and the Village of Round Lake have entered into an inter-municipal agreement for the design and possible future improvements to the Dominick Pasquarelle Fields and has received one million dollars to be used to create a field complex on land in the Technology Park. For further information, call Audrey Ball at 899-4411 X 303.



Decorate for the Holidays Contest 2010

The Town of Malta announces the annual Decorate for the Holidays Contest which is open to all Malta residents and businesses. Beautifully engraved awards will be given in six different categories to the homes or establishments that reflect a special holiday spirit.

- | | |
|-------------------|---------------------|
| 1. Best Overall | 4. Hammer and Nails |
| 2. Amazing Lights | 5. Most Unique |
| 3. Fun for Kids | 6. Best in Business |

All interested parties must fill out an entry form and submit to the Malta Community Center. **Deadline for entry is Thursday, December 9th.**

Judging will take place on Saturday, December 11th & Sunday, December 12th.

Contact the Malta Community Center at 899-4411 for more information or to obtain an entry form.



Holiday Helper Tree

Last year's Holiday Helper Tree was a outstanding success! Our community generously provided gifts for many local families in need. This year we are inviting you to help us in this endeavor again. In the lobby of the Malta Community Center we will have a tree decorated with ornaments detailing an item needed for our holiday recipients. Take an ornament and return the item listed unwrapped to the Center no later than December 14 for distribution to the local families. Also, food pantry items and personal care items are being sought. Look for the tree around mid November.



SPRING GOLF SHOW

Please keep an eye out for the 2nd annual Golf Show on March 5, 2011.

Excitement is building! Look at who's already signed up to exhibit.

Airway Meadows
CV Golf
Galway Golf Club
Golf World Driving Range
Haney's Golf Cars
Malta Business and Professional Association
Northeastern NY PGA
Saratoga Lake Golf Club
The Calendar Golf Card

If you are an interested golf vendor you should take advantage of this unique marketing and promotional opportunity. Please contact the Malta Community Center at 899-4411 x301 for more information.



Get your Calendar Golf Card here!

The Calendar Golf Card is a Discount GOLF CARD, which comes packaged on the back cover of the Capital Area Regional Golf Calendars. The card entitles the cardholder to the best golf specials available at the courses featured in the calendar, as well as discounts at local golf stores and driving ranges. You can get yours right here at the Malta Community Center! Makes a perfect holiday gift!

Calendars are available mid November and cost \$24.95 plus tax.



Did you know?...

if you are a Town of Malta or Village of Round Lake resident age 60 or older **all** Town of Malta Parks and Recreation classes priced \$30 or more have a senior discount rate of up to 50% off!

EARLY CHILDHOOD



Toddler Time

Inst: Barbara Mazurak

This class is for the preschool child ages 15 - 36 months and their parent or caregiver.

This fun interactive class includes play time with an assortment of riding toys, table-type activities, doll/kitchen and car corner, puzzles and lots of preschool toys. The class also includes story time, music and snack. Adult required.

Code: 1100.01 | Ages: 15mo to 3yrs
Jan.11- Feb.15 | 9:30am - 11:00am
Day: Tu | Classes: 6 | Min/Max:12/25
R \$42 / NR \$46

Makin Music

Inst: Barbara Mazurak

A fun music and movement class for children 18 months - 4 years old to attend with their parent or care-giver. Children participate at their own developmental level. The class has mixed ages so that children, such as siblings, can enjoy the class together. The class will include a story and a craft. The program concludes with a snack.

Code: 1600.01 | Ages: 18mo-4yrs
Jan.12 - Feb. 16 | 9:30am - 10:30am
Day: W | Classes: 6 | Min/Max: 12/24
R \$42 / NR \$46

Pre-School

Christmas Party

Inst: Barbara Mazurak

Join in for a fun filled pre-school Christmas Party. It will include playtime, holiday stories, music, craft, snack and a visit from Santa. Each parent should bring a small wrapped present (of \$5 value or less) marked with child's name. Adult required.

Code: 6104.04 | Ages: 15mo-4yrs
Dec. 14 | 9:30am - 10:45am
Day: Tu | Classes: 1 | Min/Max:12/25
R \$8 / NR \$9



Books and Cooks - December

Inst: Barbara Mazurak

Little chefs will enjoy decorating a seasonal favorite the graham cracker house. Each child should bring a bag of peanut-free candy which will be shared for house decorating. The program will also feature seasonal stories, music and cookie decorating. A parent or caregiver must accompany the child.

Code: 2200.01 | Ages: 2.5 - 5
Dec. 10 | 10:00am - 11:15am
Day: F | Classes: 1 | Min/Max:10/20
R \$9 / NR \$10

Books and Cooks - January

Inst: Barbara Mazurak

Are you and your child ready for an adventure with books by Dr. Suess? Join the fun with "Sam-I-Am" as we explore where is the best place to eat "Green Eggs and Ham." Also included in the class is a craft project based on the "Cat in the Hat." Have you guessed the special cooking project? That's right! Green eggs and ham! This will be fun for both the child and their adventurous parent. A parent or caregiver must accompany the child.

Code: 2201.01 | Ages: 2.5 - 5
Jan. 14 | 10:00am - 11:15am
Day: F | Classes: 1 | Min/Max:10/20
R \$9 / NR \$10

Books and Cooks - February

Inst: Barbara Mazurak

Here's a twist on the traditional story of the Little Red Hen. This program will feature "The Little Red Hen" as she makes pizza without the help of her friends. Of course, the duck, the dog and the cat are all there to help her eat the pizza! We will read the special story, have cooking time (pizza, of course) and craft time. In our own version of the story, each preschool child will be helpful in making their own pizza. A parent or caregiver must accompany the child.

Code: 2202.01 | Ages: 2.5 - 5
Feb. 11 | 10:00am - 11:15am
Day: F | Classes: 1 | Min/Max:10/20
R \$9 / NR \$10



Dance - n - Gym

Inst: Elyse Young

Skip, run, jump, balance and boogie in this high energy program for preschoolers! Participants will explore movement and dance using songs, props and simple gym equipment to develop large motor skills, social interaction, rhythm and creativity. Children explore at his/her level and parent/caregiver participates as much as the child needs.

Code: 2301.01 | Ages: 2.5 - 5
Jan. 21 - Feb. 4 | 10:30am - 11:15am
Code: 2302.01
Feb. 25 - Mar. 11 | 10:30am - 11:15am
Day: F | Classes: 3 | Min/Max: 6/12
R \$21 / NR \$23

Little Sportsters

Inst: Tracey Rivera

Kids ages 3-5 will enjoy the fundamentals of sports in this class. The basics of throwing, catching, kicking and batting will be covered. A parent or caregiver must participate with child.

Code: 2700.01 | Ages: 3 - 5
Jan.3 - Feb. 14* | 10:00am-11:00am
Day: M | Classes: 6 | Min/Max: 8/10
R \$42 / NR \$46
*No class on 01/17/2011.



Santa's Mailbox

A special mailbox will be installed in the lobby of the Malta Community Center from December 1 through December 18 for children to mail their letters to Santa Claus. Children will receive a response back from the jolly old elf and a special Santa picture to color. **Please remember to include a self addressed stamped envelope. This must be included for a child to receive an answer from Santa.**



Tap/Ballet Combo

Inst: Roseanne Clavin

A tap and ballet combination class for those ages 3-5. No dance experience necessary. Basic tap and ballet technique

will be taught. Proper dance attire including tap/ballet shoes required.

Code: 2300.01 | Ages: 3 - 5 yrs

Jan. 4 - Feb. 8 | 4:15pm - 5:15pm

Day: Tu | Classes: 6 | Min/Max: 8/12

R \$53 /NR \$58

Code: 2300.11 | Ages: 3 - 5 yrs

Jan. 6 - Feb. 10 | 4:30pm - 5:30pm

Day: Th | Classes: 6 | Min/Max: 8/12

R \$53 /NR \$58

Jazz Dance & Hip Hop Combo

Inst: Roseanne Clavin

This fun combination class will feature a stylized and technical form of dance that is fused with a structured form of street dance. Kids will get moving to upbeat music and learn funky hip hop dance combinations. No experience necessary. Please wear sneakers.

Code: 3303.01 | Ages: 6 - 9 yrs

Jan. 4 - Feb. 8 | 5:15pm - 6:15pm

Day: Tu | Classes: 6 | Min/Max: 8/12

R \$53 /NR \$58

Let's Discover Dance

Inst: Roseanne Clavin

Come and learn some new dance styles in this 2 hour sampler class. A great way to make new friends and have fun discovering your favorite dances. No experience or special attire/shoes required.

Code: 3300.01 | Ages: 6 - 9 yrs

Feb. 23 | 2:00pm - 4:00pm

Day: W | Classes: 1

Min/Max: 8 / 15

R \$16 /NR \$18

Mommy & Me: We Love to Stamp

Inst: Renee' Janack-Cook

Moms & Dads pair up with your child for a night of crafting fun. Each pair will create an adorable photo album to display your "Winter Fun." This project is perfect for little hands! (Please bring safety scissors to class.)

Code: 3204.01 | Ages: 3 - 12yrs

Jan. 26 | 5:30pm - 6:30pm

Day: W | Classes: 1 | Min/Max: 6/10

R \$12 per pair / NR \$13 per pair

Ceramics

Inst: Kara Tolmie

Learn the basics of hand building with clay to create fun sculptures. You will also learn glazing and painting techniques, art history and kiln firing procedures. An art show and critique for friends and family will end the session. Wear clothes that can get messy. All supplies are included.

Code: 3200.11 | Ages: 5 - 8

Jan. 3 - Feb. 7* | 5:00pm - 6:30pm

Day: M | Classes: 5 | Min/Max: 5/15

R \$71 / NR \$78

Code: 4200.01 | Ages: 9 - 14

Jan. 13 - Feb. 10 | 5:00pm - 6:30pm

Day: Th | Classes: 5 | Min/Max: 5/15

R \$71 / NR \$78

*No class on 01/17/2011.

Smorgasbord of Art

Inst: Kara Tolmie

Join this great class that will explore many different avenues of art!

Projects will include mosaic tile mirror frames, beaded wire sun catchers and watercolor painting. Make projects to keep for yourself or to give as gifts. All supplies are included.

Code: 4201.01 | Ages: 9 - 14

Dec. 1 - Jan. 5 | 5:00pm - 6:30pm

Day: W | Classes: 5 | Min/Max: 5/15

R \$71 / NR \$78

*No class on 12/29/2010.

Acting Exploration

Inst: Elyse Young

All ages and skill levels will work together on many acting techniques including concentration, memorization and improvisational thinking. Through the use of monologues, theater games, pantomime, improvisation and scene work, actors will develop acting techniques that they will share with classmates throughout the six week session. This class is intended as a learning tool. There is no final performance in this class.

Code: 4401.01 | Ages: 10+

Jan. 5 - Feb. 9 | 6:00pm - 7:00pm

Day: W | Classes: 6 | Min/Max: 8/16

R \$50 / NR \$55



HOLIDAY PARTY

A free family event (for Malta residents) featuring activities such as holiday crafts, puppet show, music and of course, a visit from Santa Claus. The Poppy Town Puppets will entertain at 1:15pm. After the puppet show, Santa arrives and will be visiting with children until 3:30pm. Refreshments will also be provided. Registration is required by Wednesday, December 8.

Sunday, December 12

1:00 pm - 4:00 pm

Free to Malta Residents

(Please bring a canned good for donation)

Non-Residents \$8 per child

Code: 6103.04



**Register early!
Some classes fill
quickly!**

**Registration begins in
November for Winter
activities!**



ATA Martial Arts

Inst: Suzanne
Kieper
In this American
Tae Kwon Do

Association Martial Arts program students are taught Martial Arts through life skills in an age appropriate environment.

Basic Club

Students will increase their self-discipline, self-esteem, self control and self-confidence along with goal achievement. Students work on their skill development two times per week. Your choice of 2 of the following days and times per week. *New students must attend the Wednesday class.

Code: 3550.01 Dec. | 3551.01 Jan. | 3552.01 Feb.

Ages 4 - 5:

Tuesday	Wednesday	Friday
5-5:30pm	5-5:30pm	5-5:30pm

Ages 6 - 7:

Tuesday	Wednesday	Friday
5:30 - 6pm	5:30 - 6pm	5:30 - 6pm

Ages 8 & up:

Tuesday	Wednesday	Friday
6:30 - 7:15pm	6 - 6:45pm	6-6:45pm

R \$73 per month / NR \$80 per month

Master Club

In our intermediate and advanced levels the students have a chance to help others learn those life skills by being examples of great Martial Arts attitude. Students increase their discipline, self-esteem, self-control and self-confidence along with setting goals inside and outside the class. The Master Club includes 2 classes a week as listed in the Basic Club plus a special Master Club class.

Code: 3553.01 Dec. | 3554.01 Jan. | 3555.01 Feb.

Master Club class meets Tuesdays 6:00pm-6:30pm.
R \$88 per month / NR \$95 per month

Leadership Club

In our Leadership classes the students have a chance to increase their skills in objective specific classes along with helping others learn life skills by being examples of great Martial Arts attitude. Students get all 3 classes a week as listed in the Basic Club plus have the Master Club class and a special Leadership Club class for a total of 5 classes per week.

Code: 3556.01 Dec. | 3557.01 Jan. | 3558.01 Feb.

Leadership Club class meets Fridays 6:45pm-7:15pm.
R \$100 per month / NR \$110 per month

Holiday Break Opportunities



ACC Timberwolves Winter Basketball Camp

Inst: Tim Balcom

This 4 day camp will teach the fundamentals and training of basketball. Skills, games and contests will be the core components of the course. There will be awards and a free t-shirt for all who attend. The clinic is directed by Tim Balcom, Assistant Coach of Men's Basketball at Adirondack Community College. You must register by December 13th. Please bring clean, dry sneakers.

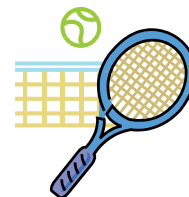
Code: 3720.11 | Grades: 4th-11th
Dec.27- Dec. 30 | 9:00am-12:00pm
Day: M -Th | Classes: 4
Min/Max: 6 / 32 | R \$64 / NR \$70

Winter Golf Camp Instruction for Beginners

Inst: Terry Minsch of Golf World Driving Range

Enjoy your holiday break by learning something new and fun in this introductory golf training. This winter camp will provide a solid foundation for learning the game of golf for the beginner golfer or anyone who wants to improve their swing. The program consists of four lessons taking the student from grip, stance, posture, etiquette to learning an effective golf swing using the T-Golf Teaching method.

Code: 5790.01 | Ages: 8-18
Dec. 27 - Dec.30 | 10:00am -11:00am
Day: M - Th | Classes: 4
Min/Max: 2 / 10 | R \$56 / NR \$62



Malta Junior Tennis

Inst: Gene Gould

Join us this Winter in the Malta Community Center gymnasium for

tennis lessons. Instruction will include the history, rules and etiquette of tennis as well as the basic strokes including serving, forehand, backhand, volley and lob. Don't miss this chance to have fun, make new friends and learn a great lifetime sport! Lessons are instructed by Gene Gould, Shenedehowa Boys & Girls Tennis Coach and NYS section 2 coordinator. Please bring a racquet. Class fee includes T-shirt and instruction book.

Code: 3710.01 | Ages: 7-12
Jan. 4 - March 1* | 6:00pm - 7:00pm
Day: Tu | Classes: 8
Min/Max: 10 / 20 | R \$70 / NR \$77

*No class on 02/22/2011.

Holiday Break**Drop-In Craft Time**

Stop by the Community Center and join in the craft time fun! There will be a wide assortment of craft projects to choose from. We will supply all materials you'll need to complete two craft projects. Pre-registration is required by Thursday, December 23. Adult required.

Code: 3200.01 | Grades: K - 3rd

Dec. 28 | 10:00am - 11:30am

Day: Tu | Classes: 1

Min/Max: 10 / 30

Free for Malta Residents /

Non-Residents \$5

**Family Movie Night**

Malta Residents, we invite you to bring the kids and celebrate our New Year with a showing of *Rudolph's Shiny New Year*. Free popcorn and drink

provided. Registration is required by calling 899-4411.

Code: 6100.01 | Ages: All

Dec. 30 | 6:00pm - 7:00pm

Day: Th | Classes: 1 | Min/Max: 10/50

Free for Malta Residents /

Non-Residents \$5

Rockin' Soccer

Inst: Michelle Savoie

A fun introduction to the sport of soccer for children ages 5 to 7 years old. This program is for the player at any level to develop skills and have fun with the sport. Throughout the session the players will engage in a variety of soccer related games to improve their touch on the ball. Skills such as passing, shooting & dribbling will be taught each week.

Code: 3730.01 | Ages: 5 - 7

Jan. 12 - Feb. 16 | 5:00pm - 5:45pm

Day: W | Classes: 6 | Min/Max: 6/10

R \$50 / NR \$55

Get Moving!

Inst: Michelle Savoie

Come by after school for some fun energetic gym games, relay races and obstacle courses. Individual and/or team play will be offered and everyday is different! Have fun, let off some steam, burn some calories and get some exercise indoors during the long winter. Please wear/bring clean dry gym shoes.

Code: 3760.01 | Ages: 7 - 9

Jan. 3 - Feb. 14* | 5:00pm - 5:45pm

Day: M | Classes: 6 | Min/Max: 8/12

R \$48 / NR \$53

*No class on 01/17/2011.

**Pre-Teen Family Yoga**

Inst: Julie Lindenbaum

Family Yoga is an interactive practice designed for those 8-12 years old and

their parent(s). Through shared practice, both parent and child are encouraged to let go of worries and just focus on play, exercise and relaxation together with other families. Please bring a yoga mat.

Code: 5515.01 | Ages: 8-12 /parent

Jan. 8 - Feb. 12 | 10:30am - 11:30am

Day: Sa | Classes: 6 | Min/Max: 6/10

R \$66 per couple /NR \$73 per couple

Resident extra family member \$66

Non-Resident extra family member \$73

SAVE THE DATE

Camp Malta's Back!

Camp Malta full

day summer camp will be back again for the 2011 school vacation. Dates have been set for the program July 5 - August 26.

Registration information will be available in February.

Malta Club Rec

The Malta Club Rec is a fun activity based program provided after school that is designed to offer children a safe and fun place to spend their after school leisure time. The program allows time for a balance of recreational activities opportunities such as arts, crafts, gym time, play ground time and board and table type games. *Coordination with Ballston Spa School District to provide transportation from school to the Malta Community Center for the program.

Program Facts

Runs for the 2010/2011 school year.

Hours: 4:00pm - 6:00pm daily

Ages: Kindergarten - 5th grades

Program fees: There is a one time non-refundable registration fee of \$20 needed at the time of registration. The program fee is \$50 per week per child. The fees are paid by the month.

Registration: Forms and handbooks are available at the Malta Community Center. Pre-registration is required at least 2 weeks prior to the child starting the program. You must register in person.

For more information: Call the Malta Community Center at 899-4411.





Western Hoedown & Beginning Squares

Come and join us at the MCC for a country western dance tradition. This exciting night will offer the opportunity to dance the night away with some friends to some toe-tapping music. Suitable for adults and children age 8 and up. (Children must know right from left and be able to follow simple dance instruction.) Children must be accompanied by an adult. Teens and adults are welcome as singles and couples. Come enjoy live music, simple dance instruction, door prizes and a heck of a good ol' time! Min/Max: 40/80

Code: 6300.01 **Saturday, February 5th 7:00pm - 9:00pm**

(Please register by January 29th.)

\$10 per person



Beginner Partner Dancing*

Inst: Aaron Romano

The Spa City Swingers style of partner dance is appropriate for all types of music and any

occasion. Look great and feel confident on the dance floor no matter the song in this beginner level 6 week class!

Code: 5304.01 | Ages: 16+

Jan. 7 - Feb. 11 | 6:30pm - 7:30pm

Day: F | Classes: 6 | Min/Max: 8/30

R \$60 / NR \$66 / SRR \$30

Code: 5305.01 | Ages: 16+

Feb. 18 - Mar. 25 | 6:30pm - 7:30pm

Day: F | Classes: 6 | Min/Max: 8/30

R \$60 / NR \$66 / SRR \$30

Salsa Dancing

Inst: Aaron Romano

Learn the basics of this spicy dance. This class will focus on the fundamentals of Salsa incorporating basic steps, pattern and style. You'll love this fun and social dance.

Code: 5404.01 | Ages: 16+

Jan. 7 - Feb. 11 | 7:30pm - 8:30pm

Day: F | Classes: 6 | Min/Max: 8/30

R \$60 / NR \$66 / SRR \$30

Code: 5405.01 | Ages: 16+

Feb. 18 - Mar. 25 | 7:30pm - 8:30pm

Day: F | Classes: 6 | Min/Max: 8/30

R \$60 / NR \$66 / SRR \$30

Progressive Swing Dance*

Inst: Aaron Romano

This class for the intermediate to advanced dancer will enhance your knowledge and execution of new and more complex swing dance moves. Students must have completed beginner swing dance class.

Code: 5302.01 | Ages: 16+

Jan. 7 - Feb. 11 | 8:30pm - 9:30pm

Day: F | Classes: 6 | Min/Max: 8/30

R \$60 / NR \$66 / SRR \$30

Code: 5302.11 | Ages: 16+

Feb. 18 - Mar. 25 | 8:30pm - 9:30pm

Day: F | Classes: 6 | Min/Max: 8/30

R \$60 / NR \$66 / SRR \$30

Beginner Jazz Class

Inst: Janet Murphy

Join Janet Murphy, former Radio City Music Hall Rockette, in this class which includes stretching, exercise and Broadway style dance steps, along with choreographed routines. Come and dance! Please wear sneakers or jazz shoes.

Code: 5303.01 | Ages: Adults

Jan. 14 - Feb. 18 | 2:00pm - 3:00pm

Day: F | Classes: 6 | Min/Max: 6/20

R \$50 / NR \$55 / SRR \$25

Watercolor Instruction

Inst: Mary Jo & Malcolm Waite

This watercolor class for adults is instruction in representational watercolor painting. Class instruction will include landscapes, figures, buildings, perspective and more. Call for a materials list.

Code: 5202.04 | Ages: Adult

Dec. 8 - Jan. 5 | 9:30am - 11:30am

Day: W | Classes: 5 | Min/Max: 5/21

R \$25 / NR \$27.50

Code: 5200.01 | Ages: Adult

Jan. 19 - Feb. 16 | 9:30am - 11:30am

Day: W | Classes: 5 | Min/Max: 5/21

R \$25 / NR \$27.50

Mosaic Tiling

Inst: Kara Tolmie

Join this great class where a variety of mediums will be used to create a beautiful mosaic mirror frame. Learn how to incorporate stained glass, broken china and flat marbles into your work of art. Supplies to create your piece will be provided. Please don't hesitate to bring broken treasures to class to add to your creation.

Code: 5204.01 | Ages: 15+

Jan. 13 - Feb. 10 | 7:00pm - 8:15pm

Day: Th | Classes: 5 | Min/Max: 5/15

R \$71 / NR \$78 / SRR \$35.50

Acting Exploration

Inst: Elyse Young

All ages and skill levels will work together on many acting techniques including concentration, memorization and improvisational thinking. Through the use of monologues, theater games, pantomime, improvisation and scene work, actors will develop acting techniques that they will share with classmates throughout the six week session. This class is intended as a learning tool. There is no final performance in this class.

Code: 4401.01 | Ages: 10+

Jan. 5 - Feb. 9 | 6:00pm - 7:00pm Day: W | Classes: 6 | Min/Max: 8/16 | R \$50 / NR \$55



* Some programs are appropriate for teenagers.

Defensive Driving Course*

Inst: Jeremy Lebediker

Are you looking for ways to save money? Would you like to automatically save 10% on your auto insurance for the next three years? When you take this 6 hour class, state law requires all insurance companies to provide a 10% reduction for three years. You'll also reduce 4 points on your DMV record. This course is certified by the Empire Safety Council and is NYS DMV approved. NO TESTS! Drivers must have a NYS drivers license or permit to participate.

Code: 5804.01 | Ages: 16+

Dec. 11 | 9:00am - 3:00pm

Day: Sa | Classes: 1 | Min/Max: 5/30
R \$38 / NR \$42 / SRR \$19

Code: 5805.01 | Ages: 16+

Jan. 18 & 20 | 6:00pm - 9:00pm

Day: TuTh | Classes: 2 | Min/Max: 5/30
R \$38 / NR \$42 / SRR \$19

Code: 5806.01 | Ages: 16+

Feb. 26 | 9:00am - 3:00pm

Day: Sa | Classes: 1 | Min/Max: 5/30
R \$38 / NR \$42 / SRR \$19

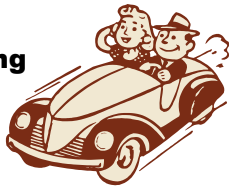
What Makes an Airplane Fly

Inst: Henry Haffke

Are you a parent that has given or will give your child one of the many small radio controlled model airplanes on the market today? Henry Haffke will teach you and your child some of the basic aerodynamics which will allow you to understand what enables an airplane to fly. Henry is Vice President of SCRAM (Saratoga County Radio Aero Modelers), an Aviation Historian, Author and world renown model airplane designer, builder and pilot. Please register by calling 899-4411. All are welcome.

Free Program!

**Every 3rd Wednesday of the month
6:30pm- 7:30pm.**



Coping Keys for Family Caregivers

Inst: Karen Britt, Alzheimer's Association of Northeastern NY

This is a three part interactive educational program to equip family caregivers with the tools needed to care for a loved one with Alzheimer's or dementia. Part 1 covers the symptoms and stages of Alzheimer's disease; Part 2 discusses ways to effectively respond to the challenging behavioral changes and Part 3 reviews tips and tools for positive communication and planning for the future. This is a free program, however registration is required by calling 899-4411.

Code: 5902.01 | Ages: Adult

Feb. 1 - Feb. 15 | 5:30pm - 7:30pm

Day: Tu | Classes: 3 | Min/Max: 5/15
Free of charge.

AARP Tax Preparation

Tax-Aide, a volunteer income tax preparation program will be offering free tax preparation and filing of tax returns for low to moderate incomes, with a preference for seniors from February 2 through April 14.

Appointments are required. AARP volunteer tax preparers are available Wednesdays 9:00am - 1:00pm and Thursdays 9:00am - 4:00pm by appointment only. Please be sure you have received all of your income and tax documents before calling for an appointment. Call the Malta Community Center at 899-4411 for an appointment.

Legal Services

Sponsored by the Office For the Aging, this program is for Saratoga County residents age 60 or over. Call 884-4100 for an appointment to meet with a private attorney at the Malta Community Center. Date(s) that legal services will be provided at the Malta Community Center are 12/15/2010. January and February to be announced.



Community Dining

Hot nutritious lunches are served daily, Monday-Friday at noon. Reservations must be made by noon the day before by calling 899-4411. The suggested contribution is \$2 for those age 60 and up. There is a \$3 fee for those under 60.



Canasta Club

Get together at the Center on Mondays 1pm - 3pm to play the card game Canasta. This group of players enjoys the social and competitive aspect of card playing and welcomes anyone with an interest to join.

Instructors Sought

Have a great talent or knowledge that you would like to share with others? The Department of Parks and Recreation is always looking for new and exciting programs to offer. Call 899-4411 x301 for more information.

* See ages on individual programs.
Some programs are appropriate
for teenagers.

Prenatal YogaFit®

Inst: Julie Lindenbaum

Prenatal YogaFit® celebrates mothers-to-be, honoring this stage in their lives. We will explore yoga through verbal description and demonstration, focusing on breathing techniques throughout our practice. We will safely establish stability in each posture, strengthening, stretching and honoring our changing bodies and relaxing our minds. Listening to our bodies, feeling the pose and breathing, we let go of expectations, opening to the experience each moment presents. Final poses in each class encourage deep relaxation. Please bring a yoga mat, a pillow and anything else that makes you feel comfortable.

Code: 5516.01 | Ages: Adult

Jan. 5 - Feb. 9 | 6:45pm - 7:45pm
Day: W | Classes: 6 | Min/Max: 7/15
R \$66 / NR \$73

Beginning Yoga*

Inst: Julie Lindenbaum

Beginning Yoga is designed to meet the needs of those new to yoga as well as those seeking continued understanding of basic yoga poses. Yoga postures will be introduced through verbal description and demonstration with focus on student understanding, safety and stability. Gradually, poses will be linked together into a gentle flowing style through breath and movement. This class is open to all participants (with the ability to move among reclined, seated and standing positions unassisted). Please bring a yoga mat. (Younger teens may enroll with a parent.)

Code: 5510.01 | Ages: 16+

Jan. 3 - Feb. 28* | 6:00pm - 7:00pm
Day: M | Classes: 6 | Min/Max: 7/15
R \$66 / NR \$73 / SRR \$33

*No class on 01/17, 2/14 & 2/21/2011.

Code: 5510.11 | Ages: 16+

Jan. 8 - Feb. 12 | 9:15am - 10:15am
Day: Sa | Classes: 6 | Min/Max: 7/15
R \$66 / NR \$73 / SRR \$33



YogaFit®*

Inst: Julie Lindenbaum

Regular yoga practice develops and builds our overall strength, flexibility and balance. These benefits align with the needs of anyone involved in sports or athletics of any type. Utilizing YogaFit® principles we will enhance our overall level of fitness while maintaining safe alignment to reduce the risk of injury. Variations on Yogic Sun Salutations will be incorporated in each class as we move to a linked series of standing, balance and floor postures. These sequences will build muscular strength and endurance while stretching opposing muscle groups. We will finish the class with restorative poses and relaxation. This multi-level class provides modifications for those with varying abilities, encouraging challenges for all participants. Please bring a yoga mat. (Teens may enroll with a parent.)

Code: 5513.01 | Ages: Adults

Jan. 7 - Feb. 11 | 6:30pm - 7:30pm
Day: F | Classes: 6 | Min/Max: 7/15
R \$66 / NR \$73 / SRR \$33

YogaFit® Basics*

Inst: Julie Lindenbaum

YogaFit® is based on the ancient fitness science of hatha yoga, it blends balance, strength, flexibility and power in a fitness format. A linked series of standing, balance and floor postures will provide opportunities to build muscular strength and endurance while stretching opposing muscle groups. This multi-level class provides modifications for those with varying abilities. This class is a natural progression for those who have completed Beginning Yoga or for those who are taking Beginning Yoga concurrently. This class is open to all participants (with the ability to move among reclined, seated and standing positions unassisted). Please bring a yoga mat. (Younger teens may enroll with a parent.)

Code: 5512.01 | Ages: 16+

Jan. 5 - Feb. 9 | 5:30pm - 6:30pm
Day: W | Classes: 6 | Min/Max: 7/15
R \$66 / NR \$73 / SRR \$33

Movin' with Arthritis

Inst: Janice Pastizzo

Do you feel pain, stiffness and limited range of motion from arthritis? Is it sometimes difficult for you to move as you perform your activities of daily living? Studies show that EXERCISE helps reduce the pain and fatigue associated with different kinds of arthritis (osteo, rheumatoid, fibromyalgia, back pain, bursitis, tendinitis). Learn simple and gentle strengthening, endurance and range of motion exercises that can be done at home to lessen arthritic pain, increase mobility, reduce fatigue and help you look and feel better.

Code: 5525.01 | Ages: Adults

Jan. 3 - Jan.31* | 10:00am - 11:00am
Day: M | Classes: 4 | Min/Max: 9/15
R \$32 / NR \$35 / SRR \$16

Code: 5526.01 | Ages: Adults

Feb.14 - Mar.14* | 10:00am - 11:00am
Day: M | Classes: 4 | Min/Max: 9/15
R \$32 / NR \$35 / SRR \$16

* No class on 1/17 & 2/21/2011.

Sun Style Tai-Chi: The Fire Cycle

Inst: Anthony Grimaldi

This ancient Chinese art of meditation in motion promotes mental, emotional and physical healing by combining movement, meditation, relaxation and self defense. It is reputed to be of therapeutic value for high blood pressure and heart and lung diseases.

Code: 5550.01 | Ages: Adult

Dec. 7 - Jan. 11 | 6:30pm - 7:30pm
Day: Tu | Classes: 6 | Min/Max: 7/18
R \$50 / NR \$55 / SRR \$25



* See ages on individual programs. Some programs are appropriate for teenagers.



Zumba: "Keeping in Shape Through the Holidays."

Inst: Stacey Doltz

Dance your way through the holiday season! This mini session of Zumba dance fitness class will keep you right on track to staying in shape during this festive time!

Code: 5537.01 | Ages: Adults

Dec. 2 - Dec. 16 | 6:00pm - 7:00pm
Day: Th | Classes: 3 | Min/Max: 8/25
R \$27 / NR \$30

Zumba

Inst: Stacey Doltz

Zumba is a Latin inspired, easy to follow, calorie burning, dance fitness party. Feel the music, let loose and have fun while getting a total body workout. Come join the party!

Code: 5535.01 | Ages: Adults

Nov. 13 - Dec. 18 | 9:30am - 10:30am
Day: Sa | Classes: 6 | Min/Max: 8/40
R \$54 / NR \$59 / SRR \$27

Code: 5536.01 | Ages: Adults

Jan. 8 - Feb. 19 | 9:30am - 10:30am
Day: Sa | Classes: 7 | Min/Max: 8/40
R \$63 / NR \$69 / SRR \$31.50

Code: 5538.01 | Ages: Adults

Jan. 6 - Feb. 17 | 6:00pm - 7:00pm
Day: Th | Classes: 7 | Min/Max: 8/25
R \$63 / NR \$69 / SRR \$31.50



**Register on-line
starting in November
for Winter activities!**
[http://activenet.active.com/
maltadepthofparkandrec](http://activenet.active.com/maltadepthofparkandrec)

Total Body Conditioning

Inst: Janice Pastizzo, M.A.

Get in Shape! Look and feel good! Increase your metabolism and build lean muscle mass. Increase bone density and change your body composition. Feel and see the benefits of a leaner, firmer and more well defined body. You will tone, tighten and stretch your whole body using hand weights, dynabands, balls and your own resistance at your own pace. No experience necessary. Please bring water bottle, dynabands and floor mat.

Code: 5570.01 | Ages: Adults

Jan. 3 - Jan. 31* | 9:00am - 10:00am
Day: M | Classes: 4 | Min/Max: 9/15
R \$32 / NR \$35 / SRR \$16

Code: 5571.01 | Ages: Adults

Feb. 14 - Mar. 14* | 9:00am - 10:00am
Day: M | Classes: 4 | Min/Max: 9/15
R \$32 / NR \$35 / SRR \$16

*No class on 1/17 & 02/21/2011.

20-20-20

Cardio-Strength-Flexibility

Inst: Janice Pastizzo, M.A.

Add variety to your workouts! Get energized, toned and stretched out! Twenty minutes each of cardiovascular fitness, strengthening and total body stretching all in one class. You will look and feel healthy and fit. Bring a dynaband, small playball, water and a floor mat.

Code: 5543.11 | Ages: Adults

Jan. 3 - Jan. 31* | 6:00pm - 7:00pm

Code: 5544.11 | Ages: Adults

Feb. 14 - Mar. 14* | 6:00pm - 7:00pm
Day: M | Classes: 4 | Min/Max: 9/15
R \$32 / NR \$35 / SRR \$16

Code: 5543.01 | Ages: Adults

Jan. 6 - Jan. 27 | 9:00am - 10:00am

Code: 5544.01 | Ages: Adults

Feb. 17 - Mar. 10 | 9:00am - 10:00am
Day: Th | Classes: 4 | Min/Max: 9/15
R \$32 / NR \$35 / SRR \$16

*No class on 1/17 & 2/21/2011.

Pilates

Inst: Janice Pastizzo, M.A.

This mind-body-spirit exercise class promises to leave you feeling empowered to take on the challenges of everyday life! Pilates uses natural body movements to strengthen your core muscles (abdominals, back, buttocks) while increasing flexibility and building stability in the torso and pelvis. Pilates will make you feel stronger and more in control while improving posture, pain management, concentration and reducing the risk of injury. Wear loose comfortable clothing. Bring a floor mat and water bottle. No experience necessary.

Code: 5522.01 | Ages: Adults

Jan. 3 - Jan. 31* | 7:15pm - 8:15pm

Day: M | Classes: 4 | Min/Max: 9/15
R \$32 / NR \$35 / SRR \$16

Code: 5522.11 | Ages: Adults

Feb. 14 - Mar. 14* | 7:15pm - 8:15pm
Day: M | Classes: 4 | Min/Max: 9/15
R \$32 / NR \$35 / SRR \$16

*No class on 1/17 & 2/21/2011.

Cardio Kickboxing

Inst: Laura Adam

Turbo Kickboxing is a perfectly designed non-contact adult cardio kickboxing class complete from warm-up to cool-down. Class choreography is an exciting fusion of influences including hip-hop, traditional aerobics, capoeira and traditional Muay Thai kickboxing. Each class is designed to feel like a party-set to perfectly coordinating and energetically motivating popular music and is geared to engage both beginning and advanced students with the choreography becoming gradually more advanced as students develop more skill and confidence. Students should wear athletic shoes and come to class prepared with a towel, water, exercise mat and light to medium weight barbells.

Code: 5534.01 | Ages: Adults

Jan. 4 - March 1 | 6:30pm - 7:30pm
Day: Tu | Classes: 9 | Min/Max: 11/30
R \$43 / NR \$47 / SRR \$21.50

* See ages on individual programs. Some programs are appropriate for teenagers.

Intro to Step NEW

Inst: Janice Pastizzo, M.A.

Improve your fitness! This beginner level class is also a great way to cross train. You will learn and experience a fun cardio/strength work out using "the step." You will learn proper stepping techniques, body alignment, foot patterns and arm movement. Modifications will be demonstrated and encouraged. Class is progressive and ends with total body stretching.

Code: 5580.01 | Ages: 16+

Jan. 5 - Jan. 26 | 6:00pm - 7:00pm
Day: W | Classes: 4 | Min/Max: 9/15
R \$32 / NR \$35 / SRR \$16

Code: 5581.01 | Ages: 16+

Feb. 16 - Mar. 9 | 6:00pm - 7:00pm
Day: W | Classes: 4 | Min/Max: 9/15
R \$32 / NR \$35 / SRR \$16

Core Training*

Inst: Janice Pastizzo, M.A.

In this core strength training class you will develop strong and lean core muscles (abdominals, buttocks, back, chest, hips) while learning and experiencing proper form, body alignment and breathing. Exercises are performed on a floor mat, using the big ball, hand weights, weight medicine balls and small play balls. Stretching will be done throughout the class. No experience necessary and is appropriate for all fitness levels. Please bring weighted ball of 2,3,5 or 8lb weight, floor mat and water bottle.

Code: 5532.01 | Ages: 16+

Jan. 5 - Jan. 26 | 7:00pm - 8:00pm
Day: W | Classes: 4 | Min/Max: 9/15
R \$32 / NR \$35 / SRR \$16

Code: 5533.01 | Ages: 16+

Feb. 16 - Mar. 9 | 7:00pm - 8:00pm
Day: W | Classes: 4 | Min/Max: 9/15
R \$32 / NR \$35 / SRR \$16

Boot Camp Challenge

Inst: Drill Sergeant Becky Weyrauch

Offered by: Make It Fit, LLC

This all-in-one packaged fitness program is led by a Certified Personal Trainer who is part of the National BCC® team. The program encompasses assessments on the first and last days of the program, a variety of different work outs, detailed nutritional guidance throughout the program with on-going support and an opportunity to meet with a Registered Dietician at a local grocery store to learn how to make healthy shopping choices. The program is designed for men and women of all fitness levels from the beginner to the advanced exerciser. Every workout offered has the ability to be modified for ALL fitness levels. Throughout the six weeks you will learn about life-long healthy eating habits, build your cardiovascular and muscular strength, improve balance and flexibility and gain the knowledge and skills to be able to continue the program on your own. Proven results include weight loss, decrease in body fat, increase in muscular strength and endurance, increase in cardiovascular strength, decrease in blood pressure and cholesterol and decrease in stress level and fatigue. If you want to see results, take the Boot Camp Challenge®.

To Register:

www.makeitfittraining.com

Melissa Grattan at 518-366-1901 or e-mail makefit@nycap.rr.com

Session I: Jan. 3 - Feb. 11 | 5:30am - 6:30am | M,W,F

Session II: Feb. 28 - April 8 | 5:30am - 6:30am | M,W,F

Fee: \$250 new recruits/\$215 returners



Dynamic NEW

Definition*

Inst: Cathy King

Calling all exercise enthusiasts and/or people looking for a change in your lifestyle. This class will increase your strength with endurance, power and some plyometrics (modifications are always offered.) You will tone and define muscles to burn more fat and calories. Come and challenge yourself. Bring water and a mat.

Code: 5530.01 | Ages: 16+

Jan. 7 - Feb. 18 | 9:00am - 10:00am
Day: F | Classes: 7 | Min/Max: 7/16
R \$57 / NR \$63 / SRR \$28.50



Tabata* NEW

Inst: Cathy King

Tabata training is 20 seconds of high intensity training followed by 10 seconds of rest. This cycle is repeated for 8 rounds or 4 minutes total time. The cycle can be a cardio drill or a strength drill. Tabata will increase your athletic performance, boost oxygen intake and decrease body fat. Be prepared to sweat in this new exciting class that will produce remarkable results.

Code: 5531.01 | Ages: 16+

Jan. 10 - Feb. 28* | 7:15pm - 8:15pm
Day: M | Classes: 6 | Min/Max: 7/14
R \$49 / NR \$54 / SRR \$24.50

*No class on 01/17 & 2/21/2011.

Senior Aerobics Cardio..Cardio..Cardio Inst: Janice Pastizzo, M.A.

A FUN low impact aerobic class designed especially for Seniors! Now including healthy nutrition tips! Move your body to upbeat energizing music while strengthening your heart and lungs, bone density and cardiovascular health. You will improve stamina, blood pressure, cholesterol profile, blood sugar regulation and body composition. FEEL BETTER! Class ends with total body stretching. Exercises can also be done in a chair. Bring a water bottle.

Code: 5531.11 | Ages: 55+

Jan. 6 - Jan. 27 | 10:00am - 11:00am
Day: Th | Classes: 4 | Min/Max: 9/15
R \$32 / NR \$35 / SRR \$16

Code: 5532.11 | Ages: 55+

Feb. 17 - Mar. 10 | 10:00am - 11:00am
Day: Th | Classes: 4 | Min/Max: 9/15
R \$32 / NR \$35 / SRR \$16

* See ages on individual programs. Some programs are appropriate for teenagers.



ATA Martial Arts Program*

Inst: Suzanne Kieper

We realize that each student possesses different physical abilities. Size and strength vary with each individual. Once you have acquired a strong foundation in the basics, our program will enhance your physical capabilities and maximize your skills - building your balance, confidence, self-esteem and coordination while getting fit and healthy.

Basic Club | Ages 13+

Work on your skill development two times per week. Your choice of 2 of the following days and times per week.

Code: 3550.01 Dec., 3551.01 Jan., 3552.01 Feb.

Tuesdays 7:15pm - 8:00pm

Wednesdays 7:15pm - 8:00pm

Fridays 7:15pm - 8:00pm

R\$73 per month / NR\$80 per month

Master Club | Ages 13+

The Master Club includes two classes a week as listed in the Basic Club plus a special Master Club class which focuses on forms, sparring and board breaking.

Code: 3553.01 Dec., 3554.01 Jan., 3555.01 Feb.

Master Club class meets Tuesdays 6:00pm - 6:30pm.

R\$88 per month / NR\$95 per month

Leadership Club | Ages 13+

Students get all 3 classes a week as listed in the Basic Club plus have the Master Club class and a special Leadership Club class for a total of 5 classes per week. Leadership classes focus on weapons, self defense and leadership training.

Code: 3556.01 Dec., 3557.01 Jan., 3558.01 Feb.

Leadership Club class meets Fridays 6:45pm - 7:15pm.

R\$100 per month / NR\$110 per month

Co-Ed Pickle Ball

You will feel like a NEW Evening Time! winner and champion playing this exciting paddle game. This mini tennis game utilizes a tennis type net and court, but wooden paddles and plastic balls are used instead. This is a fun game that will keep you on your toes! Played in the new Malta Community Center gymnasium. Picture ID required to verify age and residency. Please wear clean, dry soft-soled walking shoes or tennis shoes.

*Gym schedule subject to change.

Ages: Adult

Dec. 6 - Feb. 28 | 1:00pm- 3:00pm

Day: M | Classes: 11

R \$2 / NR \$3 per drop-in

Ages: Adult

Dec. 6 - Feb. 28 | 6:15pm- 8:00pm

Day: M | Classes: 11

R \$2 / NR \$3 per drop-in

Ages: Adult

Dec. 2 - Feb. 24 | 1:00pm - 3:00pm

Day: Th | Classes: 13

R \$2 / NR \$3 per drop-in



Indoor Walking Program

A free indoor walking program for adults of all ages takes place in the Center's gymnasium. The walking program provides adults an indoor setting for regular exercise, as well as opportunities to meet and talk with others. There is no charge and registration is not necessary. Please wear clean, dry soft-soled walking shoes or tennis shoes.

*Gym schedule subject to change.

Ages: Adults

AM Walk 8:00am - 9:00am

Dec. 1 - Feb. 28 | M - F

Lunch Walk 11:00am - 12:00pm

Dec. 1 - Feb. 28 | M - Th

Free of charge

Adult Drop-In Basketball

Want to play some ball? Get your friends together for some exercise and fun. Enjoy a game of pick-up basketball in the gymnasium. Picture ID required to verify age and residency. Please wear clean, dry gym shoes.

*Gym schedule subject to change.

Ages: 18+

Dec. 3 - Feb. 25 | 6:00pm- 8:00pm

Day: F | Classes: 11 | Max: 25

R \$2 / NR \$3 per drop-in



Adult Drop-In Volleyball

Meet new people and enjoy a friendly game of Volleyball at the MCC gymnasium. Picture ID required to verify age and

residency. Please wear clean, dry gym shoes.

*Gym schedule subject to change.

Ages: 18+

Jan. 5 - Feb. 23 | 6:00pm- 8:00pm

Day: W | Classes: 8 | Max: 25

R \$2 / NR \$3 per drop-in

Did you know....

that participating in fitness and even casual drop-in sports activities can help you to burn major calories?

Calories burned in one hour

Martial Arts	up to 680
Pickle Ball	300 - 400
Walking	200 - 300
Basketball	350 - 500
Volleyball	up to 340
Zumba	up to 700

FIVE WAYS TO REGISTER



MAIL IN

Mail the registration form on the following page and your payment to:

Class Registration, Malta Community Center One Bayberry Drive Malta, NY 12020.



WALK IN

Register in person at the Malta Community Center, Monday-Friday 8:00 am to 8:00pm and Saturdays 9:00 am - 12:00 pm. We accept cash, check, Visa and MasterCard.



AFTER HOURS DROP OFF

Drop off your registration form and fees in our After Hours Night Drop Box located at the parking lot side of the Center.



ON-LINE

Register on-line at <http://activenet.active.com/maltadepotofparkandrec>



FAX: 899-4448

Fax the signed and completed registration form with credit card information to (518) 899-4448. We accept MasterCard or Visa.



HOW TO REGISTER

REFUND POLICY

Since the fees collected must offset personnel and other program expenses, any **requests for a refund or credit must be made a full week prior to the start of class.** Requests after this time will not be considered. **There will be a \$5 service charge for each activity refund** although there is no service charge for accepting a credit on your account. Only amounts greater than \$10 will be refundable. For refund requests under \$10, money will be applied to customer account. In the event that an activity is filled or cancelled, a full refund will be made. Please allow up to four weeks for refunds to be issued.

Here are a few key notes to remember when registering for any recreation program.

- You must register at least a week prior to the start of any class, program or workshop. All fees must be paid at that time.
- No pro-rated class fees.
- Classes and instructors are subject to change.
- The **Resident Rate** applies to Town of Malta and Village of Round Lake residents. The **Senior Resident Rate** applies to those persons age 60 and up who live in Malta. Registrants may be asked for proof of residency.
- Before you buy supplies, check three days in advance to make sure the class will begin as scheduled.
- Activities may be canceled if there is not sufficient enrollment.
- In the event that an activity is cancelled, a full refund will be made.
- Register early as classes have been filling up quickly.
- Make checks payable to *Town of Malta*.
- There is a \$20 service charge for all returned checks.

**HAVE REGISTRATION QUESTIONS?
CALL THE DEPARTMENT OF PARKS,
RECREATION & HUMAN SERVICES AT
899-4411 FOR ANSWERS.**

Town of Malta
Department of Parks, Recreation & Human Services

Audrey Ball, Director

DAVID R. MEAGER
MALTA COMMUNITY CENTER
ONE BAYBERRY DRIVE
MALTA, NY 12020

2010 Town of Malta
Holiday House
Decorating Contest



See page 3 for details...